## LTC Student Leadership Board Official Meeting

Monday, November 22, 2021, 12 - 1 pm VIRTUAL: <u>https://bluejeans.com/6931286920/</u> IN PERSON: L241; Seating Capacity Limited

## Khusboo Baskota, Chair • Tsion Purtell, Co-Chair • Lizzie Fritsch, Secretary-Treasurer

SLB General Members: Grace Ruh, Vanessa Tollefson, Oswaldo Torres, Carrie Videkovich-Coenen Tammie Stahl and Courtney Ebben, LTC SLB Executive Advisors

| TIME  | ΤΟΡΙϹ  | WHO  |
|-------|--|--|
| 12:01 | WELCOME & CALL TO ORDER  | Khusboo  |
| 12:03 | ORGANIZATION REPRESENTATIVE ROLLCALL<br>(ONE official representative of each organization answers after<br>organization names are read: First & Last Name & Here or Present  | Tsion<br>Lizzie<br>Org Reps                      |
| 12:05 | APPROVE SEPTEMBER 27, 2021, MEETING MINUTES<br>(MOTION/VOTE)   | Khusboo<br>Lizzie                                |
| 12:08 | <b>COLLEGE UPDATE(S)</b> (standing agenda item; info provided as needed/when staff schedules permit)   | Polly Abts, LTC VP of<br>Student Success         |
| 12:13 | TED Talk: "How to Make Stress Your Friend"<br>Kelly McGonigal, Ph.D.,<br>Health Psychologist and Author of the book, <i>The Upside of Stress</i><br><u>https://www.youtube.com/watch?v=fLJsdqxnZb0&amp;t=247s</u><br>Mentimeter Activities Before & After Video<br>BetterMynd: FREE Counseling for LTC Students-Info | All  |
| 12:35 | <ul> <li>LTC SLB EXECUTIVE TEAM UPDATES</li> <li>SLB-sponsored activities</li> <li>Student Organization Requirements/Reminders</li> </ul>  | Khusboo<br>Tammie                                |
| 12:45 | <ul> <li>STUDENT ORGANIZATION UPDATES/STUDENT INPUT</li> <li>Student Organizations share BRIEF updates in person/via chat<br/>(fundraising, community service, upcoming events, etc.).<br/>Students not involved in organizations may also provide input<br/>at this time.</li> </ul>                                | ALL Student<br>Organization Reps<br>Any Students |
| 12:57 | <b>REVIEW NEXT STEPS/MEETING DATE</b><br>Monday, February 14, 12n-1p, In Person LTC Cleveland, L241 OR<br>Virtual <u>https://bluejeans.com/6931286920/</u>   | Lizzie   |
| 12:59 | ADJOURN (MOTION/VOTE)  | Khusboo  |